

PEQUENO-ALMOÇO À LA CARTE
À LA CARTE BREAKFAST

MOUSSE DE IOGURTE, MEL E NOZ - 6€
Yogurt mousse, honey and walnut

FRUTA DA ÉPOCA / Seasonal fruit - 6€

GRANOLA CASEIRA COM IOGURTE NATURAL - 9€
Homemade granola with natural yogurt

**PUDIM DE CHIA,
FRUTA DA ÉPOCA E BAGA DE GOJI - 10€**
Chia pudding, seasonal fruit and goji berries

OVOS BIOLÓGICOS À SUA ESCOLHA - 12€
ORGANIC EGGS OF YOUR CHOICE

DOIS INGREDIENTES / TWO INGREDIENTS :
Fiambre, bacon, salmão fumado, queijo,
cogumelos, ervas aromáticas
*Ham, bacon, smoked salmon, cheese,
mushrooms, fine herbs*

OVOS BIOLÓGICOS DO DIA - 12€
Organic eggs of the day

OMELETE VERDE / GREEN OMELETTE - 12€
Clara de ovos, espinafres, alface do mar em pó e pasta de limão
*Egg white, spinach, sea lettuce powder
and lemon paste*

TOSTA DE ABACATE / AVOCADO TOAST - 12€
Ovo escalfado, tomate cherry, pickles de cebola roxa
Poached egg, cherry tomato and red onion pickles

TORRADA FRANCESA / FRENCH TOAST - 9€
Banana e lascas de chocolate
Banana and chocolate flakes

PANQUECAS DE TRIGO SARRACENO
BUCKWHEAT PANCAKE - 9€
Xarope de açúcar e framboesa
Maple syrup and raspberry

INCLUÍDO PARA HÓSPEDES COM PEQUENO-ALMOÇO
Included for guests with breakfast

PEQUENO-ALMOÇO FRANCÊS
FRENCH BREAKFAST

- 12€

PÃO "POCHON"
"Pochon" bread

SELEÇÃO DE PASTELARIA E BOLO CASEIRO
Selection of viennoiseries and homemade cake

MANTEIGA "MARINHAS", COMPOTAS CASEIRAS E MEL
"Marinhas" butter, homemade jams and honey

BEBIDA QUENTE E SUMO NATURAL
Hot beverage and natural juice

INCLUÍDO PARA HÓSPEDES COM PEQUENO-ALMOÇO
Included for guests with breakfast

BEBIDAS QUENTES HOT DRINKS

CAFÉ EXPRESSO / Espresso Coffee - 3,50€

CAFÉ AMERICANO / American Coffee - 4,50€

CAFÉ COM LEITE / Coffee with milk - 4,50€

CAPUCCINO - 4,50€

CHOCOLATE QUENTE / Hot chocolate - 5€

CHÁS E INFUSÕES / Teas and infusions - 5,50€

BEBIDAS FRIAS COLD DRINKS

ÁGUA / Water - 33CL 3,50€ / 75CL 5,50€

SUMO DE LARANJA NATURAL - 6€
Natural Orange Juice

SUMOS DETOX / Detox Juice - 6€

BEBIDAS VEGETAIS - 4€
Vegetable drinks

REFRIGERANTES / Soft drinks - 4€



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